



善 一 堂 安 逸 幼 稚 園

Shin Yat Tong On Yat Kindergarten

學年

年級

2025-2026

K2

## 活動名稱

K2 Teaching Activity: New Year's Snacks – Pumpkin Red Date Rice Cake

## 活動目標

- Get to know New Year's festive foods - carp, pumpkin, red dates, and rice cakes
- Able to work collaboratively with peers, following the steps to make carp, pumpkin, and red date rice cakes.
- Cultivate a positive attitude of appreciating the beauty of traditional Chinese culture and loving Chinese culture.

## 活動簡介

K2 children worked together to make pumpkin and red date rice cakes shaped like carp. The teacher first introduced the children to the ingredients: pumpkin, red dates, and glutinous rice flour. The children discovered a significant difference between uncooked and steamed pumpkin, with a considerable difference in texture.

The children divided the work: some mashed the steamed pumpkin, some tore the red dates into pieces, and others helped mix the pumpkin puree with the glutinous rice flour. They noticed that the dough lightened in color after the glutinous rice flour was added. Finally, they poured the mixture into carp molds, and after steaming, they unmolded the rice cakes together. This activity allowed the children to experience the joy of handicrafts, appreciate the charm of traditional Lunar New Year food customs, and learn mutual help and love through teamwork.

## 活動記錄 ( 例如：兒童作品 / 活動的照片 / 影音 )



